



A collaborative program of the Jefferson Union High School District and the San Mateo Medical Center

Health and Learning

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From the Director, Barbara Raboy

I recently spent some time reflecting on why we publish our

newsletter. Our newsletter has several purposes. Informing our community members, supporters and clients about our programs, services and activities is a top priority because it reinforces our existence and efforts. This includes giving information about some of our “lesser known services”. Another purpose is to publicly appreciate and build relationships with our many supporters. Our supporters include foundations, local businesses, government agencies, volunteers and the many individuals who donate.

On January 21, I had the pleasure of attending the Mentoring Coalition of San Mateo County’s 2nd Annual Recognition and Recruitment event. Participants from several mentoring programs were featured in the program, including our Project P.L.A.Y Mentoring Program. In this newsletter we spotlight Paula Emerick, a DCYHC mentor who spoke at the event.

Since the last newsletter was published we received an “organizational effectiveness” grant from the William and Flora Hewlett Foundation. The funding will be used to create a strategic plan. We expect to produce a strategic plan within 6-7 months. This is a wonderful opportunity to strengthen the Daly City Youth Health Center. A special thank you goes out to the Hewlett Foundation.

Also, in other exciting news, the San Mateo County Workforce Investment Board granted funding for our *Pathways for Success* program for the next 3 years. *Pathways* is a school-to-career program providing educational support and vocational and leadership development services

to high school students. We thank the Workforce Investment Board for their approval of our proposal.

Later this spring, on April 18, we will honor our current and former volunteers at our Annual Awards Dinner Reception and Silent Auction. We hope you will join us!

Spotlight: Mentor, Paula Emerick Speaks from the Heart

The following is an excerpt from a letter recently written by Paula Emerick to her mentee. Paula is a DCYHC mentor.

“So the point I’m trying to make is that my life has changed because of you. In all my youth development classes at school and working with youth in different programs – I know we’re supposed to concentrate solely on the “betterment” or “advancement” or whatever you wanna call it. But I wanted to tell you that this has been a journey that we’ve taken together and you’ve been as much of an influence on me as I hope I’ve been on you.

You’ve helped me fill the void of a lost family member, while showing me that family comes in all different forms and varieties. You’ve definitely pulled my nerves through the wringer worrying about you – but I think that’s mostly because I’m a virgo and I just want everything to go perfectly all the time – but you’ve even managed to calm that part of me.

I still haven’t figured out exactly how teenagers work or what makes them so crazy, but you’ve made me realize that without you or them in my life, my crazy isn’t nearly so well-rounded.

I feel like mentoring someone is about creating and building relationships and the more positive connections we make with people, the more ripple effects those relationships will have for both the youth and the adult.

-over-

I'm all for that cute, cheesy pay-it-forward philosophy, so my thanks to you... I will always mentor youth – in whatever after-school program, job, volunteering, or capacity I find. Because you took a chance on me, and mentored me just as much as I mentored you. And for that, you will always be my first mentor, and the holidays for me just got a lot less lonely. Thank you.

Your friend, Paula Emerick.”

Save the Date

Mark your calendar! On Wednesday, April 18, 2007 from 6 – 9pm, we will be holding our second **Annual Awards Dinner Reception and Silent Auction**. This event honors our current and former youth and adult volunteers, and is taking place during National Volunteer Week. The event will be at the Boulevard Café in Daly City. Over 200 community members including elected officials, community leaders, founding members, staff, collaborative agencies, donors, youth and parents will gather for this exciting event.

For more information including tickets, sponsorships or program advertising sales, please call Tracey Heather at 650-985-7014 or visit www.dalycityyouth.org.

Donations Accepted On-Line

The Daly City Youth Health Center has established a new on-line giving option. Payments can be made by going to our website, www.dalycityyouth.org and clicking on the “make a donation” button on our home page. All payments are secure and are processed through PayPal. Electronic receipts are issued immediately.

Other ways to donate include joining eScrip (www.escrip.com) and donating your vehicle through www.vehiclesforcharity.com.

The William and Flora Hewlett Foundation is supporting us with a generous matching grant and all donations will be matched dollar-for-dollar up to \$10,000. Your donation will go twice as far!

Donations are making a big difference to us. Thank you for supporting the Health Center.

Donate Your Vehicle to support DCYHC

Easy, fast, efficient service.
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Call 650-985-7014
or visit www.vehiclesforcharity.com

Help us raise funds for the Health Center!

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OF YOUR PURCHASES TO OUR ORGANIZATION.*

Sign up online. It's quick and easy!

- 1) Go to www.escrip.com
- 2) Click on "register"
- 3) Follow the instructions

Support Group Corner

Parenting Your Teenager: This 8-week workshop and support group meets on Wednesdays from 6-8 pm for 8 weeks. Suggested donation: \$5-10. For more information, please call Jane at 650-985-7018.

Young Dads' Support Group: For parenting teens and young adults. Meets on Wednesdays, 6-8 pm at DCYHC. For more information, please call Alex at 650-573-2505.

Pregnant & Parenting Teen Moms' Support Group: Meets on Mondays through from 12:15 - 1:15 pm at Baden Adult School, Room #6. Address: 825 Southwood Drive in So. S.F. For more information, please call Adrianna at 650-985-7016.