

Health and Learning

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From the Director, Barbara Raboy

I would like to begin this issue of our newsletter with important news about our staff. We are pleased to report that Scott Cuyjet, our full-time nurse, completed the nurse practitioner training program at UCSF and also obtained his certification as a Family Nurse Practitioner. The San Mateo Medical Center, which oversees our clinic, approved his expanded role as a nurse practitioner. With Scott's new role, we are able to see more patients and provide more services to young men. We congratulate Scott on his accomplishment. Clinic appointments can be made by calling 650-985-7000.



Pictured above in the center is Michela, surrounded by her co-workers at a farewell event.

Other news is that Michela Genato, resigned from the Health Center after working with us since 1999. Michela, a teen parent and graduate of Terra Nova High School, began her DCYHC career as an Americorps

member. After one year, she became an Outreach Worker. Eventually she became a Peer Program Coordinator at Terra Nova High School and Care Coordinator in our clinic. Michela has touched the lives of hundreds of teens throughout the years. We wish Michela all the best as she starts her own business.

Three new graduate students began their internships with us in September. Melissa Zamora (pictured center) is a Rehabilitation Counseling Intern and provides vocational counseling to



students in our *Pathways for Success* program. Elina Rudoy (pictured left) and Adriana Olalla (pictured right) provide mental health counseling to in school and out-of-school

youth. The interns are supervised by Marianne LaRuffa, our Mental Health Clinical Supervisor.

Lynda Goussen is our new Care Coordinator. She provides one-on-one health education, options counseling and case management services to pregnant teens and teens at risk of pregnancy. Also recently joining us are our two new program assistants, Bernadette Frias and Jennifer Bautista.



Pictured above from left to right: Bernadette Frias, Lynda Goussen, and Jennifer Bautista.

Donations Now Accepted On-Line

The Daly City Youth Health Center has established a new on-line giving option. Payments can be made by going to our website, www.dalycityyouth.org and clicking on the "make a donation" button on our home page. All payments are secure and are processed through PayPal. Electronic receipts are issued immediately.

Other ways to donate include joining eScrip (www.escrip.com) and donating your vehicle through www.vehiclesforcharity.com. For more information on these options see information below.

We are pleased to announce that the Hewlett Foundation is supporting us with a very generous matching grant and all donations will be matched dollar-for-dollar up to \$10,000. Your donation will now go twice as far!

Donations are making a big difference to us. Thank you for supporting the Health Center!

Donate Your Vehicle to support DCYHC

Easy, fast, efficient service.
DMV and tow included.
Tax deductible!

Call 650-985-7014
or visit www.vehiclesforcharity.com

Help us raise funds for the Health Center!

Join



PARTICIPATING MERCHANTS CONTRIBUTE A PERCENTAGE
OF YOUR PURCHASES TO OUR ORGANIZATION.

Sign up online. It's quick and easy!

- 1) Go to www.escrip.com
- 2) Click on "register"
- 3) Follow the instructions

Mission Statement

The DCYHC invests in our community through its youth and young adults by providing comprehensive, integrated services and programs that increase resiliency, encourage responsibility, and promote self determination.

Annual Report to be Published

The Daly City Youth Health Center is preparing our 2005-06 Annual Report. The report will feature programmatic achievements, significant activities and events, and financial information. The report will be distributed in January, 2007.

Dine at Chevy's and Raise Funds for DCYHC

Attention DCYHC friends, family members and supporters! Come and dine at **Chevy's** located at 141 Hickey Blvd in South San Francisco (near El Camino Real) on Monday, November 13, 2006. Chevy's will donate 25% of the proceeds directly to the Daly City Youth Health Center.

This fundraiser is all day. You can dine in or order your food to go. When ordering your food, you will need to present our Chevy's flyer. Flyers can be emailed, faxed or mailed to you. To request a flyer call 985-7014. We look forward to seeing you at Chevy's on November 13!

Support Group Corner

Parenting Your Teenager: This 8-week workshop and support group meets on Wednesdays from 6-8 pm for 8 weeks. Suggested donation: \$5-10. For more information, please call Jane at 650-985-7018.

Young Dads' Support Group: For parenting teens and young adults. Meets on Wednesdays, 6-8 pm at DCYHC. For more information, please call Alex at 650-573-2505.

Pregnant & Parenting Teen Moms' Support Group: Meets on Mondays through from 12:15 - 1:15 pm at Baden Adult School, Room #6. Address: 825 Southwood Drive in So. S.F. For more information, please call Adrianna at 650-985-7016.