

Health and Learning

Newsletter Vol. 5 No. 3. July – September 2005

15th Anniversary Event a Big Success

We are thrilled to announce that the Daly City Youth Center's 15th Anniversary Event was a huge success! More than 150 guests gathered together on the evening of May 18th at the Pacifica Beach Restaurant to celebrate "Fifteen Years of Dedication...a Future of Possibilities". Participants included youth, current and former staff and volunteers, JUHSD staff, San Mateo Medical Center staff, event sponsors, and elected officials.

The Mistresses of Ceremonies were two long-time DCYHC staff members who also attended JUHSD high schools, and they provided the framework for a very celebratory evening. Our keynote speaker, Supervisor Adrienne Tissier, spoke about our strong history in the community and acknowledged our two honorees, Carol Forest (co-founder of the DCYHC) and Dr. Janet Chaikind (long-time Medical Director). Carol Forest received an award for her outstanding commitment and service to the community and Dr. Janet Chaikind received the newly established "Carol Forest Service Award" in honor of her dedication to the DCYHC and the youth we serve.

Other highlights of the evening included a Youth Art Exhibit featuring photography, paintings, and ceramics created by JUHSD students, a silent auction, a reading of poetry from one of the high school students, and a fantastic dinner! The event raised over \$10,000 which will directly benefit the Health Center's teen-focused programs.



Our Silent Auction, pictured above, was very popular. Guests bid on over 60 items!

Special Immunization Services for JUHSD Students

The Daly City Youth Health Center, in partnership with Field Nursing Services will be conducting free immunization clinics at Jefferson High School (Little Theatre) located at 6996 Mission Street in Daly City. The dates are:

Monday	August 22	12 - 4pm
Tuesday	August 23	12 - 4pm
Friday	August 26	12 - 4pm

In order to attend JUHSD high schools, all incoming 9th grade students and newly transferring students MUST have an updated record of immunization, including proof of having had a tuberculosis skin test or chest x-ray within the last year. Students who do not have a complete and up to date immunization record could be excluded from school. To receive immunizations, students must be accompanied by a parent/guardian, present a signed Health Center Consent Form and if applicable, bring their Medi-Cal, Healthy Families or Healthy Kids card. Students should bring their immunization records.

This service is being offered to students whose families do NOT have medical insurance coverage. Families with private medical insurance including Kaiser should call their medical provider to schedule their immunization appointments.

Families can apply for no/low cost health insurance program including Medi-Cal, Healthy Families and Healthy Kids. To enroll, bring proof of San Mateo County residency (driver's license, ID card or utility bill), proof of income (last pay stub or last year's tax return), proof of age of children (birth/baptism certificate or passport, etc.), and child's social security card (not necessary if child was born outside U.S.). For more information contact Barbara at 650-985-7013.

Wish List Corner: 20 waiting room chairs
 ~ 4 exam room lights ~ fax machine ~ camcorder
 ~ therapeutic sand tray ~ gift certificates ~ 5 desk chairs

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Summer Work Program in Full Swing

P*athways for Success* is a year-round DCYHC program providing educational support, job readiness and leadership development to income eligible students within the JUHSD. Funding is provided through a grant from the San Mateo County Workforce Investment Board.

Pathways teaches teens about becoming good employees. Weekly classroom visits, called "Club Meetings," are held at Jefferson and Westmoor High Schools, and students are taught interview skills, how to write a resume and where to find information about jobs. Not only does *Pathways* teach students about jobs during the year, they also find jobs for them during the summer!

The Summer Work Program is a great opportunity for students who have never worked before, or who need help with getting comfortable in the workforce. The *Pathways* staff does their best to make sure students are placed at job sites that match their interests and abilities. Students must find their own transportation to and from work, although staff tries to find job sites close to their homes. The Summer Work Program is two months long.

The *Pathways* team is presently in the thick of the Summer Work Program. Students who were eligible, including year-round *Pathways* students and others, applied for the program mid-June. Those who turned in an outstanding application, often including a cover letter and resume were selected for an interview to see who was ready to hold down a job. Students were scored on their interview skills and professional appearance, and job placements were given to the top 20 applicants.

Elaine Bautista is the Employment Coordinator. Candy Ho and Lindsay McCarthy are the Summer Work Program Assistants. Staff provides support for students and job site supervisors involved with the program. For further questions about the program, please call (650) 985-7015 to speak to the *Pathways for Success* staff.

Acknowledging Our Dedicated Volunteers

The staff of the DCYHC wishes to thank our 2004-2005 volunteers for the many hours they donated to make our community a better place.

Our office and clinic volunteers this past year include: Ann Armas, Lorraine Bolus, Alexandra Breese, Katie DeMartini, Millicent Dulay, Stephanie Eng, Elisia Espinoza, Jim Fitzgerald, Tess Genato, Cora Glover, Angela Jacobs, Kathryn Jimenez, Carolyn Keefe, Angelina LaBotte, Lindsay McCarthy, Christine Natan, Carlo Padilla, Marsha Paes, Raquel Perez, Michael Roebing, Sara Smith, Norybeth Soriano, Monica Tanedo, and Anita Yan. These 24 volunteers are a vital part of our organization, and we truly appreciate their endless dedication and compassion.

You, too, can join us! Please consider supporting our services by volunteering or making a contribution to DCYHC. Your donation will support our teen-focused programs including our primary care clinic, mental health counseling services, health education, outreach, mentoring and school to career transition services. Thank you for making a difference in the lives of thousands of youth!

Adult Mentors Needed for High School Students

Are you interested in helping youth achieve their potential? Applications are now being accepted for DCYHC's Mentoring Program. We are looking for committed adults 20 and over to spend 1-2 hours a week with a teen. Applications can be downloaded at www.dalycityyouth.org. Thanks for helping us spread the word! For more information contact Renee Clark at 650-985-7024.

Check Out Our Support Groups

Parenting Your Teenager: This 8-week workshop and support group meets on Wednesdays from 6-8 pm for 8 weeks. New group starts October 12. Suggested donation: \$5-10. For more information, please call Jane at 650-985-7018.

Young Dads' Support Group: For parenting teens and young adults. Meets on Wednesdays, 6-8 pm at DCYHC. For more information, please call Alex at 650-573-2505.

Pregnant & Parenting Teen Moms' Support Group: Meets on Wednesdays from 12:30 - 1:30 pm at Baden Adult School, Room #6. Address: 825 Southwood Drive in So. S.F. For more information, please call Marianne at 650-985-7017.

Health and learning go hand in hand!