



Health and Learning

A Quarterly Newsletter of the Daly City Youth Health Center

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2780 Junipero
Serra Blvd. Daly
City CA 94015
Ph: (650) 985-7000 Fax: (650) 985-7019
www.dalycityyouth.org

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Highlights Report Available

Last year, primary care and reproductive health services were provided to 4,022 patients at the DCYHC - and over 2,200 community members including teens, young adults, parents and caregivers, participated in our pregnancy prevention education interventions.

This information and much, much more is available in our newly published report, “Daly City Youth Health Center 2003-2004 Highlights”. This report offers an excellent overview of the Health Center. Included is information on our clinic remodeling project, volunteers, and special events. We also acknowledge the many foundations and agencies that provided financial support. The report is available on our website. Go to www.dalycityyouth.org, click on “Programs and Services”, then click on “DCYHC News”. Finally, click on “Highlights” to print the 2-page report. To receive a copy in the mail, call Barb at 650-985-7013.

Big Turnout for High School Immunizations

Between August 23 and August 30, 2004, the DCYHC held its **Annual Immunization Campaign** for newly enrolled JUHSD students. The event took place at Jefferson High School in Daly City.

This was one of the Health Center’s largest campaigns ever, with 191 students receiving immunizations! In addition, many families were screened for health insurance coverage. Informational tables were set up for families to discuss the various no-cost and low-cost health insurance plans available in San Mateo County.

Staffing was provided by: Daly City Youth Health Center, San Mateo Medical Center, Field Nursing Services of the Dept. of Public Health, San Mateo County Human Services Agency/Family Resource Centers (Daly City), Children’s Health Initiative (San Mateo County) and California Health Initiatives. We would also like to thank the many volunteers who helped.

Providing immunizations continues to be an important part of the full spectrum of primary healthcare services offered by the DCYHC.

Mission Statement

The Daly City Youth Health Center invests in our community through its youth and young adults by providing comprehensive, integrated services and programs that increase resiliency, encourage responsibility, and promote personal determination.

New Logo and Tagline Being Finalized

DCYHC staff has been working with a group of volunteer creative design professionals to develop a new logo and tagline for the Health Center. This project was made possible by the Taproot Foundation, which provides service grants to community-based non-profits. Project volunteers have expertise in marketing, print/web design, and brand identity/creation. Input was obtained from JUHSD students, teachers, clinic patients and DCYHC staff. The logo and tagline are being finalized and will be publicized soon.

Upcoming “Tha Hook Up” Career Event

Calling all JUHSD students and recent graduates! Get hooked up with cool careers. “**Tha Hook Up**” is a free career exploration event which will be held on Tuesday, November 16 at Roundtable Pizza in Colma. The event will be from 6:00 – 7:30 pm at 4935 Junipero Serra Blvd (near Target & Beverages and More).

The event includes presentations, discussions, activities and FREE PIZZA. This event is sponsored by the Young Filipino Professional Association and the Daly City Youth Health Center. For more information, call Glenn (YFPA) at 415-407-1997 or Barb (DCYHC) at 650-985-7013.

New Americorps Members and Mental Health Interns Join DCYHC

Each year the DCYHC hosts Americorps Members and provides mental health counseling internships for graduate students. We would like to welcome our new Americorps Members, Alicia Rodgers and Oscar Gonzalez, who are helping to bring our pregnancy prevention interventions to high school students. We also welcome our new graduate student interns, Robyn Canepa, Rod Penalosa and Nina Shirazi, who will be providing mental health counseling at the Health Center and at various

JUHSD schools. The interns are supervised by Marianne LaRuffa, MFT. For more information about our Mental Health Counseling Services, visit us on the web at www.dalycityyouth.org or call Marianne LaRuffa at 650-985-7017.

Check Out Our Support Groups

Parenting Your Teen: Meets on Wednesdays from 6-8 pm for 8 weeks. Suggested donation: \$5-10. For more info, please call Jane at 650-985-7018.

Young Dads’ Support Group: For parenting teens and young adults. Meets on Wednesdays, 6-8 pm at DCYHC. Next group starts on November 24. For more info, please call Alex at 650-573-2505.

Pregnant & Parenting Teen Moms’ Support Group: Meets on Thursdays from 1-2:30 pm at Baden Adult School, Room #6. Address: 825 Southwood Drive in So. S.F. For more info, please call Robyn at 650-985-7016 or Marianne at 650-985-7017.

Volunteer Event Planner Needed for 15th Anniversary Celebration

In April of 2005, the Daly City Youth Health Center will be celebrating our 15th anniversary.

We would like to hold a special event and need the help of an event planner. This is a great opportunity to work with our mission-driven staff and volunteers, while experiencing first-hand the gratification of supporting our work in the community.

Planning will begin in December. If you or anyone you know would be interested in volunteering, please contact the director, Barbara Raboy at: 650-985-7013 or BRaboy@co.sanmateo.ca.us. Thank you.

Health and learning go hand in hand!