



Health and Learning

A Quarterly Newsletter of the Daly City Youth Health Center

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DCYHC Has New Telephone Number and Voicemail System

The Daly City Youth Health Center has a new phone number: 650-985-7000. Our new fax number is 650-985-7019. We also have a new voicemail system with a voicemail box for each employee. To contact individual staff, dial our main number and the receptionist will transfer you to the appropriate person. The new voicemail system provides direct links to staff throughout the Jefferson Union High School District and makes it easier for youth to make their appointments and leave confidential messages for Center staff. Staff is also finding it easier to provide case management and follow-up services.

Funding for the new phone and voicemail system was provided through a technology grant from the Bothin Foundation with matched funding from the Jefferson Union High School District. A special thank you goes to the Bothin Foundation and JUHSD for their generous support.

Loss of State Funding Threatens DCYHC's Pregnancy Prevention Programs

Community Challenge Grant (CCG) funding totaling \$20 million has been cut entirely from the state budget for FY 2004-05. The Health Center is one of 128 agencies that receives CCG funding. The funding enables us to implement multi-faceted youth development and pregnancy prevention strategies. CCG funded agencies work with sexually active and pre-sexually active teens, the majority of whom are low-income or poverty-level youth of color ranging in age from 11-19.

With CCG funding, we started *Project PLAY* (Peer Leadership Alternatives for Youth) in 1997. Since then, over 13,000 teens have participated in our pregnancy prevention programs. Last year, over 2,000 youth were involved. Our programs include classroom-based Comprehensive Sex Education, Peer Health Education and Leadership Training, Mentoring, One-on-One Health Education, Teen and Parent Educational Support Groups, and Vocational Guidance and Training.

WE NEED YOUR HELP! Please mail, fax or email a letter to Governor Schwarzenegger requesting that CCG funding be put back in the May Revise Budget. Send letters to:

Governor Arnold Schwarzenegger
State Capitol Building
Sacramento, CA 95814
Fax: 916-445-4633
governor@governor.ca.gov

Be sure to include your name and address in your letter or email.

Make a Difference by Joining Albertson's Community Partners Program

Fundraising for youth services and education in our community is easy through *Albertson's Community Partners Program*. *Community Partners* is a partnership between Albertson's, schools and non-profit organizations in our community dedicated to the education and development of youth. By shopping at Albertson's with your Preferred Savings Card, you can help us raise more money year-round!

Here's how it works. Supporters join the program by registering their *Preferred Savings Card* and identifying the Daly City Youth Health Center to receive contributions from Albertson's. Albertson's contributes a percentage of *Preferred Savings Card* eligible purchases made by our supporters.

To participate, you'll need to complete a registration form. Registration forms are available in all Albertson's stores at the customer service counter. Supporters can also register online. Click on "In the Community" to find the *Community Partners* link at www.albertsons.com. Be sure to place our ID # on your registration form. Our unique ID # is 49000115091.

Check Out Our Support Groups

Parenting Your Teen: New group starts April 28th at DCYHC. Meets on Wednesdays from 6-8pm for 8 weeks. Suggested donation: \$5-10. Info: Jane, 650-985-7018.

Young Dads' Support Group: For parenting teens and young adults. Meets on Wednesdays, 6-8pm at DCYHC. Info: Alex, 650-573-2505.

Pregnant & Parenting Teen Moms' Support Group: A new group will start in September at Baden Adult School in So. S, F. Info: Carolyn, 650-985-7014.

Join DCYHC Supporters on May 8 for the Human Race

Come walk with us in the *Human Race* or sponsor a youth and help us raise money for our programs. The *Human Race* is an annual community fundraising event held by the Volunteer Center of San Mateo County. Health Center supporters will be participating in the 5K walk.

Participants need to pre-register by completing an entry and donation form. The forms and other event information can be found at the Volunteer Center's website, www.vcsmco.org. You can also pick up the form at the Health Center. If you need help finding sponsors, we can help. T-shirts and participant ribbons will be given to all event entrants. DCYHC will award 1st, 2nd and 3rd place prizes to teens who get the most pledges and sponsors. Refreshments will be available at the event. For more information contact Carolyn Keefe, our event coordinator at 650-985-7014.

Event Information

When: Saturday, May 8, 2004. The walk starts at 8:30am sharp and ends at 10:00am. The awards ceremony is at 10:30am.

Where: The event is at Coyote Point Park in San Mateo. You can meet us at the park at 8:00am OR at the Health Center (meet in the parking lot behind 2780 Junipero Serra Blvd, Daly City) at 7:00am. Our van leaves the Health Center at 7:15am sharp.

Foundation Support Update

The following foundations have recently awarded grants to the Health Center. We would like to express our deep appreciation for these grant awards.

Agora Foundation at Peninsula Community Foundation

Bothin Foundation

Peninsula Community Foundation Health Fund to honor Mary Giammona for her service

Rebuilding Together Peninsula

Morris Stulsaft Foundation

Taproot Foundation

Woodlawn Foundation

Health and learning go hand in hand!