



Health and Learning

A Quarterly Newsletter of the Daly City Youth Health Center

Vol. 3 No. 3. July - September 2003

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Special Immunization Services and Health Insurance Enrollment for JUHSD Students

The Daly City Youth Health Center will be conducting free immunization clinics at *Jefferson High School (Little Theatre)* located at 6996 Mission Street in Daly City on the following dates:

- Monday August 18, 12-4 pm
- Tuesday August 19, 12-4 pm
- Friday August 22, 12-4 pm

In order to attend any of the high schools in the Jefferson Union High School District, all incoming 9th grade students and newly transferring students MUST have an updated record of immunization, including proof of having had a tuberculosis skin test or chest x-ray within the last year. Students who do not have a complete and up to date immunization record could be excluded from school. To receive immunizations, students must:

- Be accompanied by a parent or guardian
- Present a signed Health Center Consent Form.
- If applicable, bring their Medi-Cal, Healthy Families or Healthy Kids card.

Students should bring any existing immunization records. Qualified medical personnel will administer all required immunizations and vaccinations including polio, measles/mumps/rubella, Hepatitis A & B, and tuberculin skin tests. No appointments are necessary.

DCYHC Receives Grant to Improve Fundraising

The San Francisco Foundation recently awarded \$25,000 to the Daly City Youth Health Center to create a sustainable development function within the Health Center. Some of the objectives include: hiring a part-time development coordinator, creating a strategic fundraising plan and forming a fundraising committee with our Advisory Council. We look forward to enhancing the capacity of the Health Center to conduct fundraising activities and thank the San Francisco Foundation for its generous support. *Volunteers are needed for our new Development Committee.* For more information call Barbara at 650-991-2240.

THE SAN FRANCISCO FOUNDATION
The Community Foundation of the Bay Area

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This service is being offered to students whose families do **NOT** have medical insurance coverage. Families with private medical insurance including Kaiser are urged to call their medical provider to schedule their immunization appointments.

Families will be able to learn about and apply for several no/low cost health insurance programs which are available in San Mateo County. These programs are: Medi-Cal No Cost Program, Healthy Families and the NEW Healthy Kids. It's easy to qualify. To enroll, bring proof of San Mateo County residency (driver's license, ID card, or utility bill), proof of income (last pay stub or last year's tax return), proof of age for children, (birth/baptism certificate or passport, etc.) and child's social security card (not necessary if child was born outside U.S.).

The immunization services are conducted by the Daly City Youth Health Center in collaboration with the Jefferson Union High School District and Field Nursing Services of the San Mateo County Department of Public Health. For more information about this event contact Barbara or Elaine at 650-991-2240.

Pathways for Success Starts its Summer Work Program

Participants in DCYHC's *Pathways for Success* program are developing positive work and leadership skills this summer. *Pathways* accepted 16 students from various JUHSD high schools for its 6-week long Summer Work Program. The positions are part-time and include clerical support, recreation leadership and teaching assistance. Work sites include the Daly City Department of Parks and Recreation, D.M.V. and the American Lung Association.

Throughout the past school year, participants attended weekly job readiness and life skills workshops. Students learned how to find and retain a job. The Summer Work program is an incentive for their hard work and plays an important role for students who have never held a job before.

Pathways For Success is supported by a grant from the San Mateo County Workforce Investment Board. For more information about *Pathways*, call Elaine at 650-991-2240.

New Website Launched

DCYHC is pleased to announce the launching of our new web site. Come visit us at www.dalycityyouth.org to learn about our philosophy, services, programs, activities and much, much more!

The site was designed by Alex Wright, a professional web designer with input from Health Center staff and members of our Youth Advisory Council. We thank Alex for his extraordinary effort and creativity.

Free Support Groups

Q² - A Chill Space for Queer & Questioning Youth: Meets weekly at DCYHC. Info: Minden 650-991-2240.

Parenting Your Teen: Will meet in October at DCYHC on Mondays, 6-8pm. Info: Jane 650-991-2240.

Young Dads' Support Group: For parenting teens and young adults. Meets on Wednesdays, 6-8pm at DCYHC. Info: Alex 650-573-2505.

Pregnant & Parenting Teen Moms' Support Group: Will resume in the fall. Info: Marianne 650-991-2240.

Health and learning go hand in hand!