



# Health and Learning

A Quarterly Newsletter of the Daly City Youth Health Center

Vol. 3 No. 2. April - June 2003

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## DCYHC Receives High Marks From Patients

Results are in from a recent San Mateo County outpatient services satisfaction survey. Between July 2002 and June 2003, patients receiving care at any of the 8 county clinics gave feedback about their experiences. Results for the DCYHC show that 92.6 percent of the surveyed teens rated our clinic "excellent" and 98.1 percent said they would recommend our clinic to a family member. We are very proud of this feedback. A few areas for improvement are reducing the patient wait time and obtaining a new voicemail system. We are working to improve in these areas.

## Check Out These Upcoming Events

### *Celebration of Oceana Community Mural Project*

Thursday May 1, 4:00 pm at DCYHC in the parking lot at our clinic entrance (2778 Junipero Serra Blvd.). Students will speak about their inspirational ideas and their journey in creating DCYHC's new mural. For info call Sheryn at 650-991-2240.

### *"Too Much Talent" Show*

Thursday May 8, 3:30-6:30 pm in the Little Theatre at Serramonte Del Rey (699 Serramonte Blvd, Daly City). Performances by students from all JUHSD schools will include singing, dancing, rapping, and poetry. Free food, prizes and informational booths are included. Space is limited and parent permission is required. *This is a youth-only event.* For info call Michela at 650-992-3248.

### *3-on-3 Youth Basketball Tournament*

Saturday May 17, 12-4 pm at Marchbank Park in Daly City (between N & S Parkview). Youth will compete for a spot in the NBA "Hoop It Up" 3-on-3 basketball event on June 7-8 in San Jose. The winning team will receive sponsorship in the registration fee and transportation to the June 7-8 event. Registration is required. The Daly City Dept. of Parks and Recreation is co-sponsoring this event. For info call Jo Ann at 650-992-3248.

## **JUHSD Board of Trustees Proclaims Teen Pregnancy Prevention Month**

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The Jefferson Union High School District designated May 2003, Teen Pregnancy Prevention Month. The District and the DCYHC are committed to reducing the number of teen pregnancies locally.

In May, members of our Youth Advisory Council will be giving presentations to the city councils of Daly City, Pacifica and Colma to obtain additional Teen Pregnancy Prevention Month proclamations. The Youth Advisory Council is also creating a 'Zine that will have information on teen pregnancy issues. See article, "Chance for Youth to Win a Prize".

All of us play an important role in preventing teen pregnancy in our community. The DCYHC offers multiple services including health education, outreach, youth development programs, parent and teen support groups, mental health counseling and clinic services. Our services contribute to an increase in knowledge of the use of contraceptives and the risk factors for pregnancy and sexually transmitted infections; an increase in positive attitudes toward abstinence; and an increase in positive attitudes towards school and friendships.

## **Atkinson Foundation Awards Grant**

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The DCYHC was recently awarded a grant by the Atkinson Foundation. Funds will be used to support our Peer Health Education and Healthcare for the Homeless programs. We thank the Atkinson Foundation for their support.

## **Chance for Youth to Win a Prize**

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Attention all youth ages 13-19! This a chance to express yourself about pregnancy. DCYHC's Youth Advisory Council is interested in receiving your stories, poetry and art work for its upcoming 'Zine publication. Themes for submission can include relationships, peer pressure and personal stories.

The top three entrees will win a prize sponsored by the "It's Up To Me", a statewide campaign to prevent teen pregnancy. The cash prizes are:

1 <sup>st</sup>	\$100
2 <sup>nd</sup>	\$75
3 <sup>rd</sup>	\$50

For more information call Project PLAY at 650-992-3248.

## **Free Support Groups**

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*Q<sup>2</sup> - A Chill Space for Queer & Questioning Youth*: Meets weekly at DCYHC. Info: Susie or Minden, 650-991-2240.

*Parenting Your Teen*: Meets at DCYHC. Wednesdays, 6-8 pm. Info: Jane, 650-991-2240.

*Young Dads' Support Group*: For parenting teens and young adults. Meets Wednesdays, 6-8 pm at DCYHC. Info: Glenn, 650-573-2828.

*Pregnant & Parenting Teen Moms' Support Group*: Meets Wednesdays, 3:00-4:30 pm in South S.F. Info: Becky, 650-991-2240.

**Health and learning go hand in hand!**